

## 23RD SUNDAY IN ORDINARY TIME

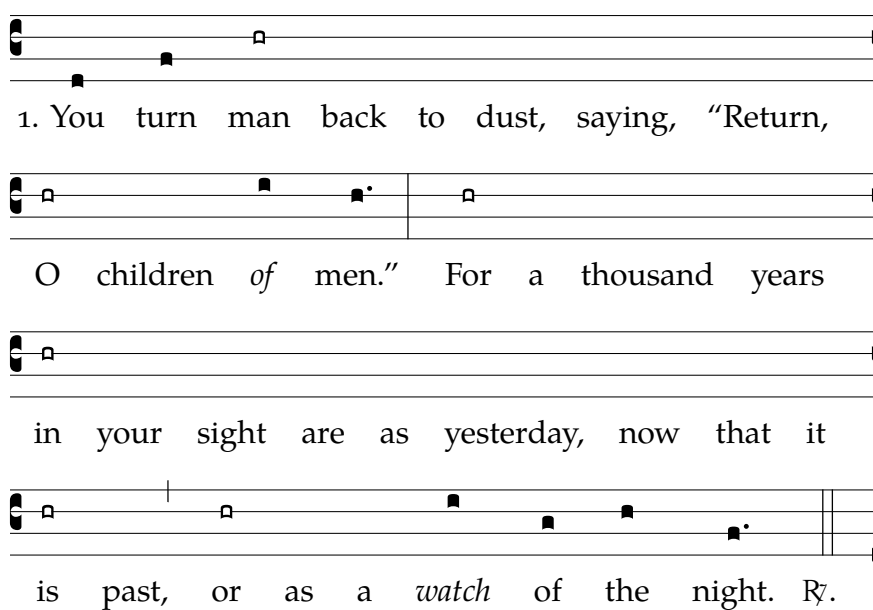
Ps. 90: 3-4, 5-6, 12-13, 14-17

YEAR C

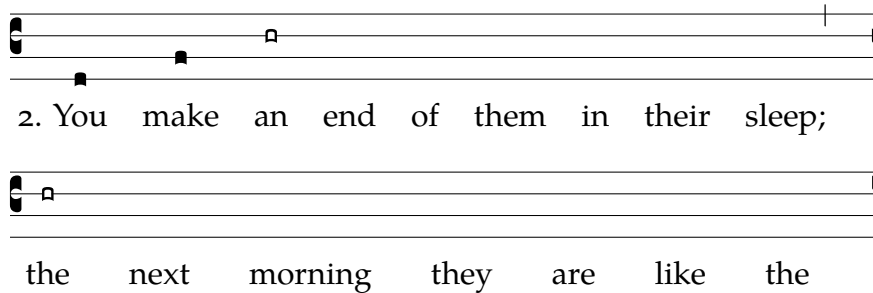
**V**  
**I**n every age, O Lord, you have been our  
refuge.

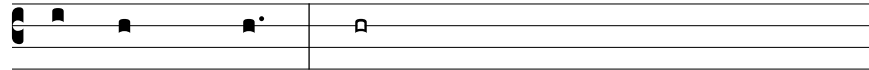


1. You turn man back to dust, saying, "Return,  
O children of men." For a thousand years  
in your sight are as yesterday, now that it  
is past, or as a *watch* of the night. R.

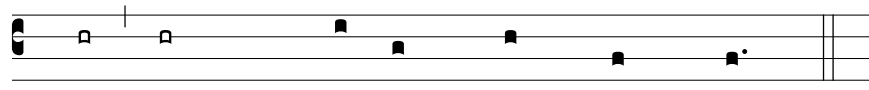


2. You make an end of them in their sleep;  
the next morning they are like the

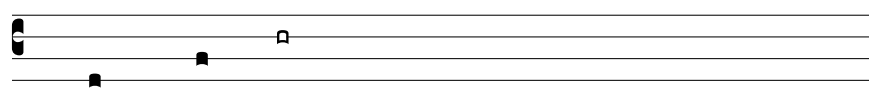




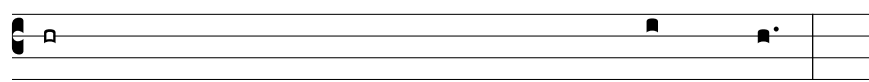
chang-ing grass, which at dawn springs up



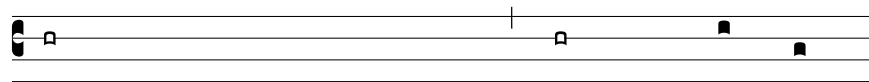
anew, but by eve-ning wilts and fades. R.



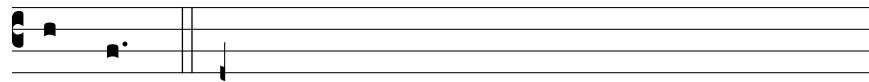
3. Teach us to number our days aright,



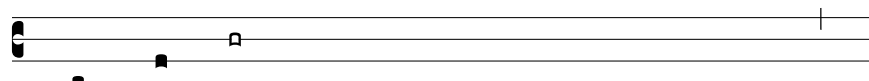
that we may gain wisdom of heart.



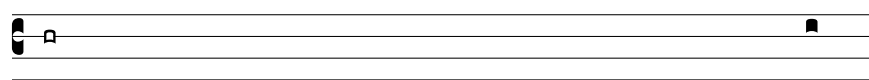
Return, O LORD! How long? Have pity on your



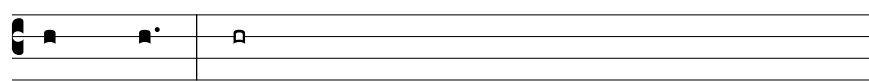
servants! R.



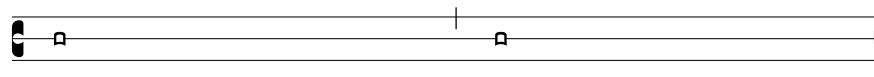
4. Fill us at daybreak with your kindness,



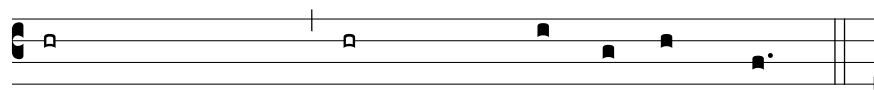
that we may shout for joy and gladness all



our days. And may the gracious care of the



LORD our God be ours; prosper the work of

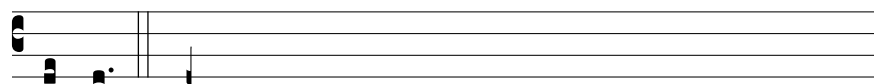


our hands for us! Prosper the *work* of our hands! R̄.

*Antiphon:*



R̄. In every age, O Lord, you have been our



refuge.

Excerpt from *Parish Book of Psalms* by Arlene Oost-Zinner, ©2012.  
*Parish Book of Psalms* is licensed under a Creative Commons Attribution 3.0 Unported License.